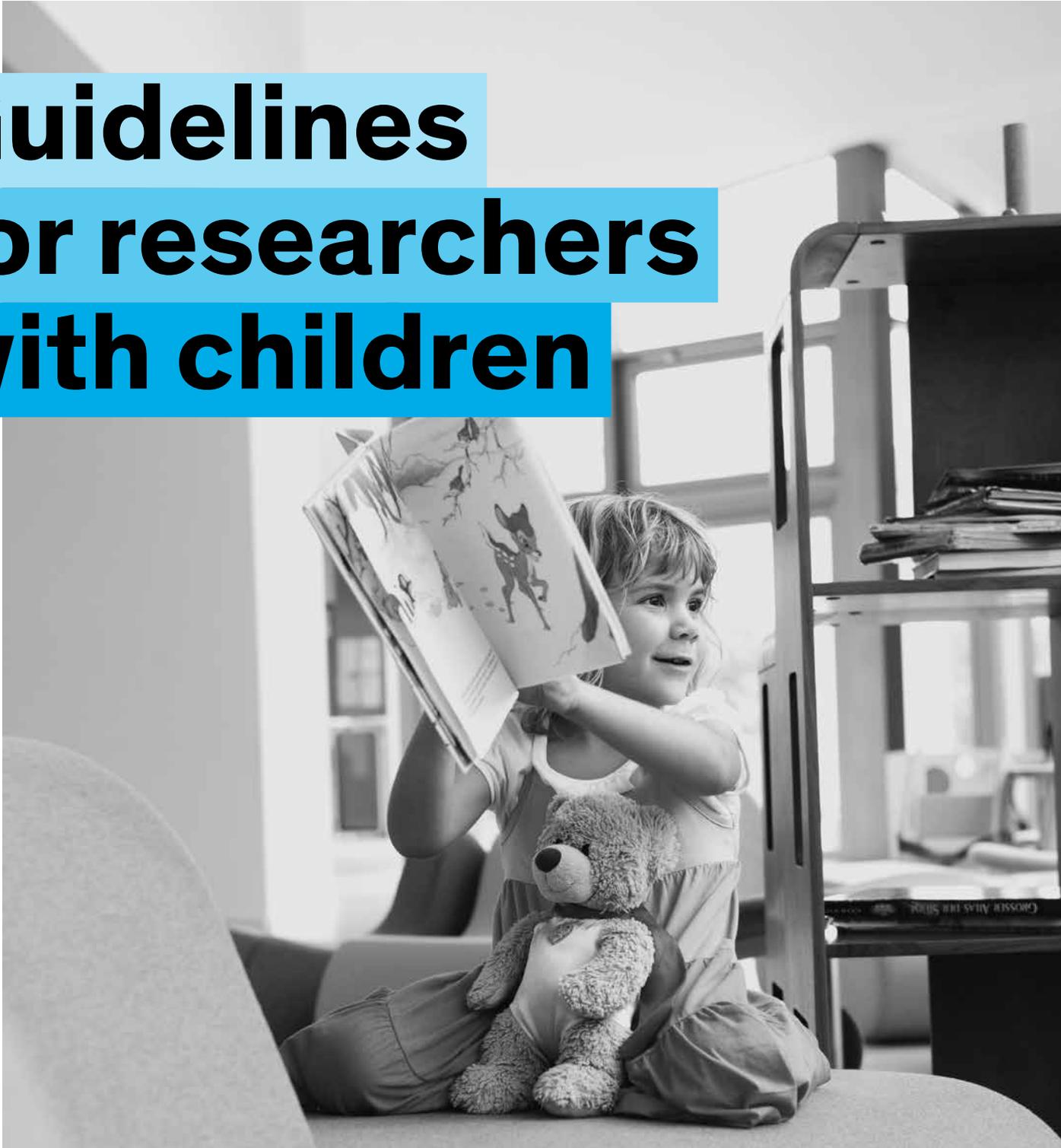


Guidelines for researchers with children



Guidelines for researchers with children

Reliable, professional, and flexible childcare is the foundation for successful work-life balance. Over the course of the family-friendly university audit and the Excellence Initiative, and with the help of public support, the long-standing childcare programme at the University of Konstanz has continued to expand, adapting to families' needs.

This brochure is geared towards all Cluster members with children. Whether you have joined the "Cultural Foundations of Integration" Center of Excellence (EXC16) as an external researcher with children or already work here, whether you are planning a family or already have children, you are sure to have many questions; this brochure seeks to address these questions in a concise format.

Both the University of Konstanz and the City of Konstanz offer a wide range of childcare options. Whether your children need long-term childcare in the form of toddler groups or kindergarten, or whether you are looking for suitable schools in Konstanz, this document provides an overview of the various local options and possibilities. This also applies to guests who are visiting the University on a temporary basis.

The brochure will also be of use in cases of illness (for you or your children) or last-minute childcare needs arising from professional responsibilities or unexpected problems with your usual childcare provider.

In addition, the University of Konstanz and the City of Konstanz provide a variety of leisure and vacation activities for children, young people, and families in which you are invited to participate.

Part I

Information on available childcare, schooling and options of family-friendly work and research conditions

Part II

University Programmes promoting work-life balance

Part III

Leisure activities in and around Konstanz for families with children

Part IV

Overview of local pediatric and counselling services

If you have additional questions about the programmes and information in this brochure, please contact us at **exc16kolleg@uni.kn** to express your requests or make an appointment.

– exzellenzcluster.uni.kn

Impressum

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- Michael Reimer und Wolfgang Taschner: "Bodensee mit Kindern" (Peter Meyer Verlag)

In case of questions or suggestions for additions, please contact Nina Kück: nina.kueck@uni.kn

All information is provided without assuming any responsibility and without guarantee of completeness or precision. Because changes frequently occur, it is recommended that you access the links provided to confirm the information.

Overview

<u>Part I: Childcare and schooling</u>	4
1. Childcare	4
1.1 Overview	4
1.2 University childcare facilities	5
1.3 Local childcare facilities outside the University	8
2. Plan B	14
2.1 KiZ – the “Kinderzimmer”	14
2.2 At home emergency support	14
2.3 Saturday childcare	15
3. Schools in Konstanz	15
3.1 Elementary and secondary schools in town	15
3.2 Private schools	18
3.3 Foreign-language schools	18
4. After-school care	18
4.1 University after-school care	18
4.2 Local after-school care outside the University	19
5. School holiday programmes	21
5.1 University school holiday programme	21
5.2 Local school holiday programme outside the University	21
<u>Part II: Promoting parental work-life balance</u>	24
<u>Part III: Leisure activities for children and families</u>	28
6. Sports and sport clubs	28
7. Swimming pools & Outdoor swimming	29
8. Music, theatre, art, and books	30
9. Family excursions	31
10. Playgrounds	35
11. Festivals & special events	35
12. Recreational options for school-age children	36
<u>Part IV: Help!</u>	38
13. Paediatricians	38
14. Counselling services	38
15. Hospital/Paediatric emergency service/Emergency hotlines	39

Part I

1. Childcare

1.1 Overview¹

¹ Source:
Sozial- und Jugendamt
(City of Konstanz)

There are 45 daycare institutions and 19 play-groups available to families in Konstanz. The protestant and catholic church, various clubs, parent associations, and the city itself are among the 34 daycare providers. There is a wide variety of daycare facilities with different operational hours for children of various ages.

Options include childcare in

- **Regular childcare groups (“Regelgruppen, RC”):**
Group childcare in the mornings and afternoons, for a maximum of 35 hours per week.
- **Morning childcare with extended hours (“verlängerte Öffnungszeit, M+”):** Here, the opening hours of regular childcare are shifted to longer morning sessions.
- **Morning childcare with extended hours and certain afternoons:** These groups provide morning childcare with 2 additional afternoon sessions.
- **All-day groups (“Ganztagesgruppen, AD”):**
Group childcare for 8 hours per day.
- **Play groups (“Spielgruppen, PG”):** Groups in which childcare is provided for 10 to 15 hours per week. Playgroups are not daycare facilities; the information provided below regarding admission procedures and free spaces does not apply.
- **Infant/toddler groups (“Kleinkindergruppen”):**
For children between the ages of 0 and 3 (formerly known as “Krippe”).
- **After-school care (“Hort”):** For school-age children.

Enrolment

Only children of parents whose primary residence is Konstanz will be accepted in the city's daycare facilities, playgroups, and after-school care. In addition, children must be pre-registered 6 months before the desired start of care. In Konstanz, pre-registration for admission to all facilities can be done through the “Online Kita Pre-registration” system.

– [kitavormerkung-konstanz.de](http://www.kitavormerkung-konstanz.de)

Before registering, parents should inform themselves about the various facilities – that is, the type of care provided, the educational philosophy, the building facilities, and the specific practices of each institution. A questionnaire must be completed in the Kita pre-registration process. All information and explanations required to complete the questionnaire are provided at the online enrolment site.

You have the option of selecting one, two, or three daycare facilities in which you would like to enrol your child. You can also specify that the pre-registration should apply to all facilities, should no space be available in the selected options.

The kindergarten year begins in September. Kita pre-registration must therefore be submitted to the Agency by **15th March at the latest**.

Note: Please be aware that registering for enrolment does not mean that a place is allocated in the month to come. The average waiting time for a childcare place is approximately a year. Therefore we recommend looking for a place offered by daycare center's but also checking the private childminders service offered by the Youth and Welfare Agency.

For advisory on the application procedure and on private childminders please contact:

Christiane Harmsen
Room E 615
+49 7531 88-2160
christiane.harmsen@uni.kn
advisory service by appointment

– familie.uni.kn

Konstanz KitaCard

After the details provided in the pre-registration process have been verified, parents will receive a KitaCard by mail. The KitaCard is the official confirmation that a child has been pre-registered and that the information has been passed on to the selected daycare facilities. For infant/toddler care, all-day care, and after-school care, registration can only be processed once certain additional required documents (e. g., certificate of employment) have been submitted.

Allocation of Kita places

Daycare facilities are responsible for the allocation of free places and the admission of children. The “Principles for Place Allocation in Konstanz” form the basis for these decisions, and all facilities must uphold them. These principles can be found on the “Online Kita Pre-registration” site.

The allocation of places involves certain priorities

- **In regular childcare groups and facilities with extended hours**, priority is solely dependent on the age of the child: Older children have priority over younger children.
- **In all-day facilities** for children from 3 to 6 years old, in **after-school care**, and for **places for children under 3**, the criteria set out in the “Principles for Place Allocation in Konstanz” apply. Single parents, working parents, students, and job-seekers are given priority in the allocation of places. Kita enrolment is organised around these principles. For more information please contact the facilities directly.

Accepting a Kita place

Decisions about the allocation of places for the new kindergarten year are made in April. Parents who have been offered a place in the first round will be notified during the first week of May.

Acceptance must be confirmed no later than two weeks after the notification. Places that are not taken after the first round will be re-assigned, and the affected parents informed in a timely fashion. This also applies to places that become open during the school year.

Registration and admissions

After the acceptance has been confirmed, parents will receive an invitation from the facility to register their child.

Private childminding (“Tagespflege”)

Childcare places at private childminding are a prominent alternative to the huge demand of places for children under the age of three at the university facilities and those in town. For this reason, some parents shorten the waiting time with a half or a full day place at a childminder. The care is usually taking place in the childminder’s home. The mostly female childminders are examined by the City of Konstanz and are officially entitled to take care of a group of children. The advantage of this caretaking model is the family-like structure the child lives in along with its peers. The local Youth Welfare Agency (“Jugendamt”) subsidizes the costs.

For parents who do not receive a daycare place at a facility, please contact:

Christiane Harmsen and/or

Sozial- und Jugendamt Servicestelle
Benediktinerplatz 2
78459 Konstanz · Germany

Ms Dietrich: +49 7531 900618

Ms Möhrke/Ms Kirchhoff: +49 7531 900483

1.2 University childcare facilities

Kinderhaus Knirps & Co. e. V.²

The Kinderhaus Knirps & Co. e. V. is located on the University campus. It provides childcare places for ca. 120 children from the ages of 6 months to 6 years, and for ca. 20 additional school-age children up to the end of elementary school.

– familie.uni.kn/kinderbetreuung/kinderhaus-knirps-co

The Kinderhaus is open weekdays from 07:15 am to 05:00 pm. In addition, **flexible evening childcare** can also be arranged from 05:00 pm to 08:00 pm, as well as on Saturday. More information on the registration process can be found on the Family Support (“Familienförderung”) website under “Kinderbetreuung” (“childcare”).

² Source: Kinderhaus Knirps & Co. e. V. (University of Konstanz)

Information on flexible childcare options can be found under:

– familie.uni.kn/kinderbetreuung/flexible-betreuung-plan-b

Those wishing to take advantage of childcare options at Kinderhaus Knirps & Co. e. V. should use the pre-registration portal of the city of Konstanz:

– familie.uni.kn/kinderbetreuung/kinderhaus-knirps-co/anmeldung

On this site, you will find information about costs and the registration form for joining the association.

The Kinderhaus has a waiting list; position on the list is based on the date of pre-registration. Pre-registration for the Kinderhaus should therefore be submitted as early as possible (At the earliest, pre-registration can be completed after the birth of the child.). The Kinderhaus requires a copy of the pre-registration sheet. Send this copy, together with certificates of employment for all custodial parents to the Kinderhaus Knirps & Co. e. V.

For more information, please contact:

Petra Gutschmuths-Dietrich

Note: Registration for the University Kinderhaus must be submitted on the pre-registration portal of the city of Konstanz. For admission to the University Kinderhaus, certain criteria apply that differ from those of the city. The Kinderhaus criteria for the internal waiting list are: One parent must be affiliated with the University of Konstanz. Note the registration date – the sooner you sign up on the waiting list for Knirps & Co. e. V., the greater the chances of admission.

Childcare in July and August

The Kinderhaus is closed during the summer holidays for 2 weeks. During these 2 weeks, a vacation group is available for childcare. The vacation group will only be provided if there is sufficient interest. Participation in this group is not free, as there will be excursions, projects, etc., organised for the children.

Group structures

Infants / toddlers: Nestgruppen

Nestgruppen are groups for children between the ages of 6 months and 3 years. The group size is 10 children. Childcare is provided for two all-day groups and three groups with extended morning hours. Two afternoons (Tuesdays and Thursdays) can also be arranged on an individual basis.

Kindergarden groups

Four all-day groups are available for children between the ages of 3 and 6 years. The group size is 18 children, of which at least 8 children must be over 3 years old.

School-age children

Schoolchildren groups are intended for children between the ages of 6 and 10 years. The group size is 15 children. Childcare is offered between 12:30 pm and 06:00 pm and includes homework supervision.

Contacts Kinderhaus

Director

Petra Gutschmuths-Dietrich
+49 7531 88-4321
petra.gutschmuths@uni.kn

Deputy directors

Dania Nikisch
+49 7531 88-5423
dania.nikisch@uni.kn

Sabine Weinhammer
+49 7531 88-5423
sabine.weinhammer@uni.kn

Organization and management

Yunuen Mann-Maldonado
+49 7531 88-4320
yunuen.mann@uni.kn

Carolin Teufel
+49 7531 88-5421
carolin.teufel@uni.kn

The Kinderhaus's educational staff includes about 40 full- and part-time employees.

Pedagogical profile of the Kinderhaus

The pedagogical profile of the Kinderhaus is based on a partially open concept. During the day, the children alternate between activities in their separate groups and activities that take advantage of the facility's studio, experimentation and activity room, and its spacious "Market Place". In this semi-open concept, in particular the older children in each group have the opportunity to spend part of their time independently outside of the group.

Address

Kinderhaus Knirps & Co. e. V.
Universitätsstraße 10
78464 Konstanz · Germany
+49 7531 88-4321

Fees are due by the 3rd of the following month. The monthly childcare rates are independent of days missed, holidays, and days on which the Kinderhaus is closed. A monthly flat rate for food of 60 EUR is included in the weekday (5-day) childcare; the daily rate for food is 3 EUR.

Note: Please pre-register with other facilities as well, as there is no guarantee that a place in the Kinderhaus will be available, and the waiting list is often quite long. Alternative facilities in the area include Kindertagesstätte Sonnenbühl (Seezeit), Münsterkindergarten, Kinderhaus am Rhein, and Villa Kunterbunt, etc.

Seezeit Kindertagesstätte Sonnenbühl

This facility, run by Seezeit Studierendenwerk Bodensee, is a certified activity and research kindergarten in which movement and exploration are part of the daily programme. The facility has places for 70 children (60 places for children over 3 and 10 years for children under 3 years) in four all-day groups. The kindergarten is open to all children of students, University employees, and residents in the Sonnenbühl neighbourhood. Children of students are given priority in the allocation of places.

Werner-Sombart-Strasse 32
78464 Konstanz · Germany
+49 7531 88-3984

[– familie.uni.kn/kinderbetreuung/kindertagesstaette-sonnenbuehl](https://familie.uni.kn/kinderbetreuung/kindertagesstaette-sonnenbuehl)

Kinderhaus Knirps & Co. e. V. costs (2015)	Under 3 years old	3 years and older
All-day group with lunch Monday to Thursday, 07:00 am to 05:00 pm Friday, 07:00 am to 02:00 pm 1st child Sibling(s)	340 EUR 260 EUR	250 EUR 190 EUR
Friday afternoons (4 Fridays per month) 02:00 pm to 05:00 pm	18 EUR	18 EUR
Extended morning group with lunch Monday to Friday, 07:00 am to 02:00 pm 1st child Sibling(s)	270 EUR 205 EUR	
Afternoon group (only in addition to mornings) 02:00 pm to 05:00 pm (monthly fee, one afternoon per week)	18 EUR	

Legend:

RC = Regular childcare

M+ = Morning childcare

with extended hours

AD = All-day childcare

PG = Playgroup

1.3 Local childcare facilities outside the University

Altstadt/Paradies

Kath. integr. Kindergarten Die Arche

Schwedenschanze 8, 78462 Konstanz

+49 7531 9041-0

kiga@caritas-kn.de

– cvkonstanz.caritas.de

Director: Ms Spitzhüttl

Provider: Caritasverband Konstanz e. V.

Hours: M+, AD

Age range: 3 to 6 years

Special-needs children: 2 to 6 years

Kath. Kindergarten Heilige Dreifaltigkeit

Stadelhofgasse 7, 78462 Konstanz

+49 7531 23434

kiga.dreifaltigkeit@t-online.de

– konstanz-kirche.de/html/kindergarten_hl_dreifaltigkeit.html

Director: Mr Venedey

Provider: Kath. Kirchengem. hl. Dreifaltigkeit

Hours: M+, AD

Age range: 1 to 6 years

Kath. Kindergarten St. Stefan

Wallgutstr. 35, 78462 Konstanz

+49 7531 24540

kiga.stephan@t-online.de

– konstanz-kirche.de/html/kindergarten_st_stefan.html

Director: Ms Hof

Provider: Kath. Kirchengem. St. Stefan

Hours: M+, AD

Age range: 1 to 6 years

Club der Krabbelzwerge, Spielgruppe

Wallgutstr. 11 · Eingang Brauneggerstr.,

78462 Konstanz

+49 172 3455024

club-der-krabbelzwerge@gmx.de

– club-der-krabbelzwerge.de

Directors: Ms Scheck, Ms Firat, and Ms Herzog

Provider: Club der Krabbelzwerge e. V.

Hours: PG

Age range: 2 months to 3 years

Evang. Käthe-Luther Montessori-Kindergarten

Mosbruggerstr. 12, 78462 Konstanz

+49 7531 25216

kaethe-luther@t-online.de

Director: Ms Pohl

Provider: Evang. Kirchengem. Konstanz

Hours: M+, AD

Age range: 3 to 6 years

Kinderparadies e. V.

Blarerstr. 11, 78462 Konstanz

+49 7531 24825 or 16235

info@kinderparadies-konstanz.de

– kinderparadies-konstanz.de

Director: Ms Schweizer

Provider: Kinderparadies e. V.

Hours: PG, M+

Age range: 18 month to 3 years

Städt. Kinderhaus Paradies

Güttelestr. 8, 78462 Konstanz

+49 7531 27266

kihausparadies@konstanz.de

– paradies.tageseinrichtungen-konstanz.de

Director: Ms Eisele

Provider: City of Konstanz

Hours: Mornings, M+, AD

Age range: 2 to 10 years

Städt. Kindergarten Villa Kunterbunt

Rheingutstr. 33, 78462 Konstanz

+49 7531 15646

kigakunterbunt@konstanz.de

– konstanz.de/soziales/01873/01895/index.html

Director: Ms Joos-Räuber

Provider: City of Konstanz

Hours: M+ plus 2 afternoons

Age range: 3 to 6 years

Kinderspielbude am Palmenhaus

Zum Hussenstein 12, 78462 Konstanz

+49 7531 17532

haeusler65@gmx.de

Director: Ms Häusler

Hours: PG

Age range: 18 months to 3 years

Petershausen, Königsbau

Städt. Kinderhaus am Rhein

Spanierstr. 11, 78467 Konstanz

+49 7531 51689

kihausrhein@konstanz.de

[- rhein.tageseinrichtungen-konstanz.de](http://rhein.tageseinrichtungen-konstanz.de)

Director: Ms Hellmich

Provider: City of Konstanz

Hours: RC, M+, AD

Age range: 3 months to 10 years

Kath. Kindergarten Bruder Klaus

Markgrafenstr. 38, 78467 Konstanz

+49 7531 62135

kiga.bruder-klaus@t-online.de

[- kindergarten.br-klaus.de](http://kindergarten.br-klaus.de)

Director: Ms Granacher

Provider: Pfarrgemeinde Bruder Klaus

Hours: M+, AD

Age range: 2 to 6 years

Kath. Münsterkindergarten

Schreibergasse 1, 78462 Konstanz

+49 7531 22755

kiga.muenster@t-online.de

Director: Ms Graf-Martin

Provider: Münster Kirchengemeinde

Hours: M+, AD

Age range: 1 to 6 years

Kindergarten des DRK

Steinstr. 20, 78467 Konstanz

+49 7531 64889

kiga@rotkreuz-kv-konstanz.de

Director: Ms Ebner

Provider: DRK-Kreisverband Konstanz e. V.

Hours: M+

Age range: 2 to 6 years

Kath. Kindertagesstätte Dorothea von Flüe

Adalbert-Schnatterer-Str. 3, 78467 Konstanz

+49 7531 55705

leitung@kiga-dorothea.de

[- kiga-dorothea.de](http://kiga-dorothea.de)

Director: Ms Feineisen

Provider: Kath. Pfarrgemeinde Bruder Klaus

Hours: RC, AD

Age range: 2 to 6 years

Kath. Kinderhaus Edith Stein

Pestalozzistraße 3 · eh. Pestalozzi-Schule

78467 Konstanz

+49 7531 9904-0

kiha-stein@petershausen.net

[- kh-stein.de](http://kh-stein.de)

Director: Mr Kannenberg

Provider: Kath. Kirchengemeinde St. Gebhard

Hours: RC, M+, AD

Age range: 2 to 10 years

Evang. Pauluskindergarten

Friedrich-Hug-Str. 1, 78464 Konstanz

+49 7531 3610888

pauluskindergarten@freenet.de

Director: Ms Schlösser-Jurczyk

Provider: Evang. Kirchengem. Konstanz

Hours: M+

Age range: 4 months to 6 years

Kleinkindgruppen des Kinderhauses am Salzberg

Mainaustr. 41 und 45, 78464 Konstanz

+49 7531 9914567

kikriamsalzberg@konstanz.de

Director: Ms Heine

Hours: M+, AD

Age range: 3 months to 3 years

Städt. Kinderhaus am Salzberg

Mainaustr. 45, 78464 Konstanz

+49 7531 456779

kihausamsalzberg@konstanz.de

[- konstanz.de/soziales/01873/01892/index.html](http://konstanz.de/soziales/01873/01892/index.html)

Director: Mr Weber

Provider: City of Konstanz

Hours: RC, M+, AD

Age range: 2 to 10 years

Legend:

RC = Regular childcare

M+ = Morning childcare
with extended hours

AD = All-day childcare

PG = Playgroup

Legend:

RC = Regular childcare
 M+ = Morning childcare
 with extended hours
 AD = All-day childcare
 PG = Playgroup

Kinderkrippe Säntisstrolche

Säntisstr. 4, 78464 Konstanz
 +49 7531 815923
 katrin.mueller@skf-konstanz.de
 – skf-konstanz.de

Director: Ms Müller
 Provider: Sozialdienst kath. Frauen e. V.
 Hours: AD
 Age range: 4 months to 3 years

Kath. Kinderhaus St. Gebhard

Goebelbeckerstr. 6, 78467 Konstanz
 +49 7531 55365
 kinderhaus@st-gebhard.de
 – kinderhaus.st-gebhard.de

Director: Ms Brunke-Fennrich
 Provider: Kath. Kirchengem. St. Gebhard
 Hours: RC, M+, AD
 Age range: 1 to 6 years

AWO Kindertagesstätte Talabu

Friedrichstr. 21, 78467 Konstanz
 +49 7531 52245
 talabu@awo-konstanz.de
 – awo-konstanz.de/talabu.html

Director: Ms Schmid
 Provider: AWO Kreisverband Konstanz e. V.
 Hours: RC, M+, AD
 Age range: 2 months to 9 year

AWO Spielgruppe Mini-Club

Friedrichstr. 21, 78467 Konstanz
 +49 7531 3610948
 spielgruppe-miniclub@awo-konstanz.de
 – awo-konstanz.de/spielstuben.html

Director: Ms Häusler
 Provider: AWO Kreisverband Konstanz e. V.
 Hours: PG
 Age range: 18 months to 3 years

Evang. Kinderhaus Löwenzahn

Wollmatinger Str. 58, 78467 Konstanz
 +49 7531 68346
 loewenzahn2@freenet.de
 Director: Ms Siedow
 Provider: Evang. Kirchengem. Konstanz
 Hours: M+, AD

Age range: 2 to 10 years

Kath. Kindergarten St. Suso

Taborweg 36, 78467 Konstanz
 +49 7531 61391

kiga-st.suso@petershausen.net
 – petershausen.net

Director: Ms Kude
 Provider: Kath. Kirchengem. St. Suso
 Hours: M+

Kindertagesstätte Sonnenbühl

Werner-Sombart-Str. 32, 78464 Konstanz
 +49 7531 887312
 kita.sonnenbuehl@seezeit.com
 – seezeit.com/StudimKind/KiTaSo.html

Director: Ms Schuster
 Provider: Seezeit Studentenwerk Bodensee
 Hours: RC, M+, AD
 Age range: 4 months to 6 years

Integrativer Petruskindergarten

Kuhmoosweg 2, 78464 Konstanz
 +49 7531 61501
 haensch@petrus-und-paulus-gemeindekonstanz.de
 – petrus-kindergarten.petrus-und-paulus-gemeinde.de

Director: Ms Hänsch
 Provider: Evang. Kirchengem. Konstanz
 Hours: M+
 Age range: 15 months to 6 years

Allmannsdorf, Staad, Egg**Kath. Kindergarten Maria Hilf**

Maria Hilf Platz 7, 78464 Konstanz
 +49 7531 66533
 kiga-mariahilf@t-online.de

– kath-mhsg.de/html/kindergarten_maria_hilf839.html

Director: Ms Kleber
 Provider: Kath. Kirchengem. Maria Hilf
 Hours: RC, M+
 Age range: 3 to 6 years

Spielgruppe Maria Hilf

Lorettosteig 3, 78464 Konstanz
 +49 1577 5812219 or +49 176 38494869
 Director: Ms Kleber
 Provider: Kath. Kirchengem. Maria Hilf
 Hours: PG
 Age range: 2 to 3 years

Evang. Kreuzkindergarten

Brachsengang 17, 78464 Konstanz
 +49 7531 32525
 kreuzkiga@t-online.de
 Director: Ms Riedl
 Provider: Evang. Kirchengem. Konstanz
 Hours: M+, AD
 Age range: 2 months to 6 years

Kath. Kindergarten St. Georg

Kirchgasse 1, 78464 Konstanz
 +49 7531 31176
 kiga.st.georg.kn@t-online.de
 – kath-mhsg.de/html/kindergarten_st_georg710.html
 Director: Ms Fink
 Provider: Kath. Kirchengem. St. Georg
 Hours: RC, M+
 Age range: 3 to 6 years

Kinderhaus Knirps & Co. e. V.

Universität Konstanz
 for employees and students
 Universitätsstr. 10, 78464 Konstanz
 +49 7531 884321
 kinderhaus@uni.kn
 – familie.uni.kn/kinderbetreuung/kinderhaus-knirps-co
 Director: Ms Gutsmuths-Dietrich
 Provider: Knirps & Co. e. V. Förderverein zur Kinderbetreuung
 Hours: M+, AD
 Age range: 6 months to 10 years

Spielgruppe Allmannsdorf

Mainaustr. 147, 78464 Konstanz
 +49 7531 32709
 Director: Ms Haas
 Provider: Deutscher Kinderschutzbund e. V.

Hours: PG
 Age range: 18 months to 3 years

Fürstenberg, Wollmatingen, Industriegebiet**Kinderhaus Chérisy / Kinderkrippe Chérisy**

Schürmann-Hoster-Weg 1, 78467 Konstanz
 +49 7531 57939 or 66309
 kinderhaus-cherisy-kn@online.de
 kinderkrippe-cherisy-kn@online.de
 – cherisy.de/kindergarten-konstanz.html
 Director: (team of directors)
 Provider: Neue Arbeit GmbH Konstanz
 Hours: RC, M+, AD
 Age range: 1 to 6 years

Kath. Kinderhaus St. Gallus

Reutestr. 17, 78467 Konstanz
 +49 7531 927010
 kita.gallus@stmartin-stgallus.de
 – stmartin-stgallus.de/galluskindergarten.htm
 Director: Ms Mundhaas
 Provider: Kath. Pfarrgemeinde St. Gallus
 Hours: M+, AD
 Age range: 4 months to 6 years

Evang. Albert-Schweitzer-Kinderhaus

Berchenstr. 36, 78467 Konstanz
 +49 7531 78666
 albert-schweitzer.kinderhaus@t-online.de
 – ek-wollmatingen.de/kinderhaus.html
 Director: Mr Weise
 Provider: Evang. Kirchengem. Wollmatingen
 Hours: RC, M+, AD
 Age range: 6 months to 10 years

Montessori-Kinderhaus

Leipzigerstr. 17, 78467 Konstanz
 +49 7531 73302
 hipp@montessori-konstanz.de
 – montessori-konstanz.de
 Director: Ms Hipp
 Provider: Montessori Konstanz e. V.
 Hours: RC, M+, AD
 Age range: 18 months to 6 years

Legend:

RC = Regular childcare
 M+ = Morning childcare
 with extended hours
 AD = All-day childcare
 PG = Playgroup

Legend:

RC = Regular childcare
 M+ = Morning childcare
 with extended hours
 AD = All-day childcare
 PG = Playgroup

Freier Waldorfkindergarten Konstanz

Mannheimer Str. 2, 78467 Konstanz
 +49 7531 929796
 info@waldorfkindergarten-konstanz.de
 – waldorfkindergarten-konstanz.de

Director: Ms Schünemann-Küttenbaum
 Provider: Verein zur Förderung der
 Waldorfpädagogik e. V.
 Hours: M+, AD
 Age range: 1 to 6 years

Kath. Kindergarten St. Martin

Spielgruppe St. Martin
 Eichbühlstr. 16, 78467 Konstanz
 +49 7531 78098
 kiga.sankt.martin@gmx.de
 – stmartin-stgallus.de/martinkindergarten.htm

Director: Sister Kilians Maria Söllner
 Provider: Kath. Kirchengem. St. Martin
 Hours kindergarten: M+
 Age range: 2 to 6 years
 Hours: PG, M+
 Age range: 1 to 3 years

Krümelmiste Stromeyersdorf

Turmstr. 18, 78467 Konstanz
 +49 7531 3633955
 stromeyersdorf@kruemelkiste-konstanz.de
 – kruemelkiste-konstanz.de

Directors: Ms Steidle, Ms Bäuerle
 Provider: Krümelmiste Konstanz e. V.
 Hours: AD
 Age range: 0 to 6 years

Städt. Kindergarten Urisberg

Benedikt-Bauer-Str. 6, 78467 Konstanz
 +49 7531 454170
 kitaurisberg@konstanz.de
 – urisberg.tageseinrichtungen-konstanz.de

Director: Ms Tay
 Provider: City of Konstanz
 Hours: M+, AD
 Age range: 3 months to 6 years

Wurzelkinder Waldkindergarten

Postfach 10 23 48, 78423 Konstanz
 +49 176 24025386
 leitung_wurzelkinder_kn@yahoo.de
 – die-wurzelkinder.de

Director: Ms Albrecht
 Provider: Waldkindergarten Konstanz e. V.
 Hours: RC, M+
 Age range: 3 to 6 years

Spielgruppe Joseph Belli

Joseph-Belli-Weg 27, 78467 Konstanz
 +49 7531 458882
 Directors: Ms Müller-Hugle, Ms Ball
 Provider: Deutscher Kinderschutzbund e. V.
 Hours: PG
 Age range: 2 to 3 years

Spielgruppe Treffpunkt im Berchen

Breslauer Str. 2, 78467 Konstanz
 +49 7531 3800954
 info@skf-konstanz.de
 – skf-konstanz.de/angebote-und-hilfen/frauen-und-familien/spielgruppe-im-berchen/index.php
 Provider: Sozialdienst kath. Frauen e. V.
 Hours: PG
 Age range: 1 to 3 years

Litzelstetten**Städt. Kindertagesstätte Kinderinsel**

Im Grün 9, 78465 Konstanz
 +49 7531 44808
 kitalitzelstetten@konstanz.de
 – litzelstetten.tageseinrichtungen-konstanz.de
 Director: Ms Anderson
 Provider: City of Konstanz
 Hours: M+ plus 1 afternoon, AD
 Age range: 2 to 6 years

Kath. Kindergarten St. Peter und Paul

Kornblumenweg 22 b, 78465 Konstanz

+49 7531 44729

kigapp@web.de

Director: Ms Kegel

Provider: Kath. Pfarramt St. Peter u. Paul

Hours: M+ plus 3 afternoons

Age range: 2 to 6 years

Spielgruppe Litzelstetten

Kornblumenweg 22 b, 78465 Konstanz

+49 7531 44729

kigapp@web.de

Director: Ms Kegel

Provider: Kath. Pfarramt St. Peter u. Paul

Hours: PG

Age range: 18 months to 3 years

Dingelsdorf**Kath. Kindergarten St. Nikolaus**

Steinrennen 4, 78465 Konstanz

+49 7533 2217

leitung@kindergarten-dingelsdorf.de

– kindergarten-dingelsdorf.de

Director: Ms Diestmann

Provider: Kath. Pfarrgemeinde St. Nikolaus

Hours: RC, M+, AD

Age range: 2 to 6 years

Spielgruppe Dingelsdorf

Steinrennen 4, 78465 Konstanz

+49 7533 2217

leitung@kindergarten-dingelsdorf.de

– kindergarten-dingelsdorf.de

Director: Ms Diestmann

Provider: Kath. Pfarrgemeinde St. Nikolaus

Hours: PG

Age range: 18 months to 3 years

Dettingen**Kath. Kindergarten St. Verena**

Rebweg 11, 78465 Konstanz

+49 7533 5962

info@kiga-st-verena.de

– kiga-st-verena.de

Director: Ms Rock-Jerg

Provider: Kath. Kirchengem St. Verena

Hours: RC, M+, AD

Age range: 2 to 6 years

Spielgruppe Dettingen

Wendelsbergstr. 2, 78465 Konstanz

+49 7533 3442

info@kiga-st-verena.de

Director: Ms Mayer

Provider: Kath. Kirchengem St. Verena

Hours: PG

Age range: 18 months to 3 years

Wallhausen**Städt. Kindergarten Wallhausen**

Schwanenweg 10, 78465 Konstanz

+49 7533 5279

kigawallhausen@konstanz.de

Director: Mr Bohn

Provider: City of Konstanz

Hours: M+ plus 2 afternoons

Age range: 2 to 6 years

Mainau**Kinderkrippe New Generation**

Gärtnerhaus, 78465 Insel Mainau

+49 7531 303266

info@new-generation-kids.de

Director: Ms Fritschi

Provider: New Generation GbR

Hours: AD

Age range: 0 to 3 years

Legend:

RC = Regular childcare

M+ = Morning childcare
with extended hours

AD = All-day childcare

PG = Playgroup

3 Source:
University of Konstanz

2. Plan B³

For all children of University employees and affiliates, the University of Konstanz offers a flexible childcare programme, the so-called “Plan B”. This programme was developed as part of the certification of the University of Konstanz as a family-friendly institution.

“Plan B” provides an alternative to the regular childcare programme in the form of a flexible childcare option. This option can be used when, for example, children or parents are sick, when one’s regular childcare provider is unexpectedly unavailable, or when short-term childcare is required.

The flexible childcare programme “Plan B” consists of the following services

- **Kinderzimmer (KiZ)** for children between 1 and 6 years old
- **At home emergency support** for children of 3 months and older
- **Saturday childcare**
- **Special event childcare** for conferences, meetings, and seminars

Note: The number of flexible places is limited, and it may not be possible to accommodate all requests.

2.1 KiZ – the “Kinderzimmer”

The “Kinderzimmer” flexible childcare service is intended for times at which parents need short-term childcare:

- as external guests,
- for an entire semester,
- on days when their usual childcare facility is closed,
- during University events, or
- as a bridge measure while waiting for a fixed kindergarten place.

The KiZ service is designed for children between the ages of 1 and 6 years (especially ages 1 to 3 years).



Fixed places

Fixed places can be reserved for an entire semester for a minimum of 12 hours of childcare per week and a maximum of 28 hours per week.

Flexible places

Parents also have the option of reserving individual mornings or afternoons up until noon on the day before.

Hours

Monday to Thursday 08:30 am to 05:00 pm
(The morning session ends at 01:00 pm. For children booked for the afternoon only, the afternoon session begins at 01:30 pm.) Friday 08:30 am to 02:00 pm

Contact details / reservations

Reservations can be made daily from
09:00 am to 12:00 pm
+49 7531 88-5474 or
kiz@uni.kn

Reservations can be made for single days or an entire semester.

For more information, please contact:

Carolin Teufel
+49 7531 88-5421 or
carolin.teufel@uni.kn

2.2 At home emergency support

The emergency childcare service is intended for cases in which parents or children are sick or when childcare is unavailable during a professional function. You can use the emergency service for up to 3 days in a row for between 2 and 6 hours. Emergency childcare is available from Monday to Friday between 08:00 am and 08:00 pm.

The emergency support team consists of trained paediatric nurses and childminders; they can be reached by telephone between 08:00 am and 05:00 pm. The childcare will usually take place in your home.

Emergency childcare is intended for children between the ages of 3 months and 10 years.

Registration must be made by 05:00 pm the day before or on the same day by request. You can also book emergency childcare in advance.

The team can be reached from 08:00 am to 05:00 pm
+49 174 8391266 or
+49 162 5499149

Cost

- for students: 4 EUR per hour
- for others: 6 EUR per hour

Additional travel costs of 30 cents per km outside of Konstanz (as well as ferry tolls) apply.

2.3 Saturday childcare

In cases of childcare bottlenecks, parents have the option of childcare on Saturdays in the Kinderhaus Knirps & Co. e. V.. This childcare option can only be utilised for internal University events, during exams, or in other work-related situations. The offer is only available to affiliates of the University of Konstanz.

Age range: 6 months to 10 years

Hours: 09:00 am to 04:00 pm

Cost: 4 EUR per hour; parents must provide their own food for the children

Reservations: at least 5 days in advance:

+49 7531 88-5420

3. Schools in Konstanz

The city of Konstanz is a community-focused educational centre featuring a variety of educational institutions. Every schoolchild is bound to find a setting appropriate for his or her talents and abilities among the numerous educational opportunities. The educational options range from elementary and secondary schools of varying focus to school associations and comprehensive schools to academic high schools and a Waldorf school. There are also special-needs schools.

In addition to these diverse opportunities, pre-school facilities are also available: A remedial class for 6-year-olds not yet ready for elementary school, and a special kindergarten for children with speech impairments.

In the elementary schools, children are offered after-school care through parent associations and other supporting groups as part of the “Verlässlichen Grundschule” initiative. In full-day schools, children are supervised in the afternoons; in many other schools, children can stay for lunch.

Further information on school facilities in Konstanz can be found on the website of the City of Konstanz at www.konstanz.de, under the heading “Wirtschaft, Bildung & Wissenschaft”.⁴

Elementary school registration: Children are obliged to attend the elementary school in their residential area.

– konstanz.de/wirtschaft/01531/01534/01540/index.html

3.1 Elementary and secondary schools in town

Altstadt/Paradies

Grundschule Stephan

St.-Stephans-Platz 17, 78462 Konstanz

+49 7531 914260

rektorat@ghs-stephan.konstanz.de

– stephansschule-konstanz.de

Principal: Andreas Hipp

Educational authority: City of Konstanz

In addition to regular classes, there is also a Montessori track for grades 1 through 4, mixed-age classes, and childcare facilities through the “Verlässlichen Grundschule” initiative.

After-school care: +49 7531 16083

⁴ Source:
Sozial- und Jugendamt
(City of Konstanz)

Grundschule Wallgut

Wallgutstr. 14, 78462 Konstanz

+49 7531 457290

rektorat@gs-wallgut.konstanz.de

– gs-wallgut.schulen.konstanz.de

In the classes M 1, M 1–2, and M 3–4 a, Montessori pedagogical techniques are used.

Educational authority: City of Konstanz

Childcare facilities offered through the “Verlässlichen Grundschule” initiative.

After-school care: +49 7531 15120

Werkreal- / Realschule Zoffingen

Rheinsteig 7, 78462 Konstanz

+49 7531 1287930

rektorat@hsrs-zoffingen.konstanz.de

– zoffingen.de

Secondary school for girls

Principal: Wolfram Vent-Schmidt

Educational authority: City of Konstanz

Offers: Lunch, afternoon childcare, homework supervision, and a variety of afternoon programmes.

A social pedagogue advises students and parents and offers special projects for girls (addiction prevention, career preparation, etc.).

The high school offers bilingual course modules.

Gymnasium Alexander - von - Humboldt

Schottenplatz 20, 78462 Konstanz

+49 7531 90500

direktion@humboldt.konstanz.de

– humboldt-konstanz.de

Second foreign language: French OR Latin (starting in grade 6). Specialised tracks, grades 8 to 10: Science and Technology / Italian / Fine Arts.

Optional track: Fine Arts (grades 5 to 7).

Full-day care: open full-day school, grades 5–9 (10), lunch, homework supervision.

Gymnasium Ellenrieder

Brauneggerstr. 29, 78462 Konstanz

+49 7531 914257

direktion@ellenrieder.konstanz.de

– meg.schulen.konstanz.de

Second foreign language: French (starting in grade 6).

Specialised tracks, grades 8 to 10: Science and Technology / Spanish.

Optional tracks: Bilingual English (grades 5 to 10),

International Baccalaureate.

Full-day care: open full-day school, grades 5 to 9 (10), lunch, homework supervision.

The school offers bilingual lessons and examination.

Petershausen, Königsbau**Gemeinschafts- / Werkrealschule Gebhard**

Zähringerplatz 1, 78464 Konstanz

+49 7531 942958-10

rektorat@ghs-gebhard.konstanz.de

– gebhardschule-konstanz.de

Community school / secondary school

Full-day school

Inclusion classes / learning groups, grades 1 to 10

Principal: Elke Großkreutz

Educational authority: City of Konstanz

Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Grundschule Sonnenhalde

Höhenweg 14, 78464 Konstanz

+49 7531 89310

rektorat@gs-sonnenhalde.konstanz.de

– gs-sonnenhalde.schulen.konstanz.de

Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Realschule Theodor-Heuss

Zähringerplatz 1, 78464 Konstanz

+49 7531 89350

rektorat@theo.konstanz.de

– theo.schulen.konstanz.de

In grades 5 and 6, there is a full-day option (lunch, homework supervision, recreation). Certain classes are oriented along Montessori principles.

Focus: Bilingual classes (optional).

Certified vocational guidance in grade 9.

Gymnasium Heinrich-Suso

Neuhauserstr. 1, 78464 Konstanz

+49 7531 66278

direktion@suso.konstanz.de

– suso.schulen.konstanz.de

Second foreign language: Latin (beginning in grade 5).

Specialised tracks, grades 8 to 10: Science and Technology / Greek or French.
 Optional Track: European Gymnasium (2+2), Latin / English / Greek beginning in grade 8, Spanish beginning in grade 10, gifted / talented programme.
 Full-day care: open full-day school, grades 5 to 9 (10), lunch, homework supervision.

Allmannsdorf

Grundschule Allmannsdorf

Mainaustr. 147, 78464 Konstanz

+49 7531 93770

rektorat@gs-allmannsdorf.konstanz.de

– gs-allmannsdorf.schulen.konstanz.de

Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Fürstenberg, Wollmatingen

Grund- und Werkrealschule Berchen

Breslauerstr. 16–18, 78467 Konstanz

+49 7531 92550

rektorat@ghs-berchen.konstanz.de

– berchenschule-konstanz.de

Full-day elementary and secondary school

Principal: Elmar Mosbrugger

Educational authority: City of Konstanz

Grundschule Haidelmoos

Sonnentauweg 39, 78467 Konstanz

+49 7531 89320

rektorat@gs-haidelmoos.konstanz.de

– haidelmooschule-konstanz.de

Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Grundschule Wollmatingen

Radolfzellerstr. 14, 78467 Konstanz

+49 7531 892790

rektorat@gs-wollmatingen.konstanz.de

– grundschule-wollmatingen.de

Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Gemeinschaftsschule / Schulverbund

Geschwister-Scholl

Schwaketenstr. 112, 78467 Konstanz

+49 7531 926714

direktion@gss.konstanz.de

– gss-kn.de

Second foreign language: French OR Latin (beginning in grade 6).

Specialised tracks, grades 8 to 10: Science and Technology / Spanish / Music and Sport.

Optional Track: Music (grades 5 to 7).

Full-day care: open full-day school, grades 5 to 9.

In grades 5 and 6, there is a full-day option (lunch, homework supervision, remedial classes, recreation).

For all grades, lunch is available.

Grundschulförderklasse Haidelmooschule

Sonnentauweg 39, 78467 Konstanz

+49 7531 89320

rektorat@gs-haidelmoos.konstanz.de

Grundschulförderklasse Stephansschule

St.-Stephansplatz 17, 78462 Konstanz

+49 7531 914260

rektorat@gs-stephan.konstanz.de

Surrounding Area

Grundschule Litzelstetten

Groß-Herzog-Friedrich Str. 12, 78465 Konstanz

+49 7531 3639360

rektorat@gs-litzelstetten.konstanz.de

Model project: mixed classes, grades 1 and 2

Principal: Heidi Schmermund

Educational Authority: City of Konstanz

Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Grundschule Dingelsdorf

Rathausplatz 2, 78465 Konstanz

+49 7533 4149

rektorat@gs-dingelsdorf.konstanz.de

– gs-dingelsdorf.de

Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Grundschule Dettingen

Schulweg 1–7, 78465 Konstanz
 +49 7533 936689-10
 rektorat@ghs-dettingen
 Childcare facilities through the “Verlässlichen Grundschule” initiative (after-school care).

Internationale Vorbereitungsklassen (VKL) – German language preparation classes

Pupils who do not yet speak German will first attend a special preparation class (VKL) which is not tied to year-based classes. The main lessons are German, additionally Math and Social studies. For Sport they join a regular age group class. After one year in VKL at the latest pupils join according to their age a regular class.

The service is offered by the following schools:

- Wallgutschule (grade 1 – 4)
- Berchenschule (from grade 1)
- Geschwister Scholl Schule (from grade 5)

Bilingual courses

At the following schools when possible the language of instruction is English for specific courses. For more information contact the schools.

- Geschwister Scholl Schule
- Ellenrieder Gymnasium

3.2 Private schools**Waldorf-Schule Konstanz**

Freie Waldorfschule Konstanz
 Robert-Bosch-Str. 3, 78467 Konstanz
 +49 7531 1273007
 info@waldorfschule-konstanz.de
 – waldorfschule-konstanz.de
 The Freie Waldorfschule Konstanz, currently under construction, began accepting its first students in the school year 2012 – 2013.

Waldorf-Schule Kreuzlingen (CH)

Rudolf Steiner Schule Kreuzlingen-Konstanz
 Bahnhofstrasse 15, CH-8280 Kreuzlingen
 +41 71672 1710
 – steinerschulekreuzlingen.ch/home

Schule Schloss Salem

88682 Salem · Germany
 +49 7553 919-0
 – salem-net.de

3.3 Foreign-language schools**International School Kreuzlingen Konstanz (CH)**

Hauptstrasse 27
 CH-8280 Kreuzlingen
 +41 71672 2727
 info@iskk.ch
 – iskk.ch/ver2/index.php
 Principal: Sanjay Teeluck

The International School was founded in Kreuzlingen in August 2004, allowing parents to choose English-language classes for their children. The ISKK views itself as a cross-border project that establishes Kreuzlingen/Konstanz in the international education sector.

Boys and girls from the ages of 3 to 12 attend classes in English. The interdisciplinary courses offered at the full-day school provide an alternative didactic opportunity.

4. After-school care**4.1 University after-school care**

For schoolchildren in grades 1 to 4, the University of Konstanz offers **after-school care**. This takes place in the Kinderhaus Knirps & Co. e. V. on the University campus. The childcare service is available to all elementary school students whose parents are affiliated with the University of Konstanz. A maximum of 20 places are available. Childcare is provided during the school year on weekdays from 12:30 pm to 06:00 pm.

Parents have the option of reserving between 2 and 5 afternoons per week during the school year. During the 14 weeks of school holidays, 8 weeks of childcare are provided. During these weeks, an enjoyable programme with sports and activities is organised.

The programme is closed for 2 weeks during the Christmas break, 1 week during Carnival (“Fasnacht”), and 3 weeks during the summer holidays.

Contact:

Carolin Teufel
+49 7531 88-5421 or
carolin.teufel@uni.kn

4.2 Local after-school care outside the University

After-school care (“Kernzeitbetreuung”)

Elementary schools offer childcare as part of the “Verlässlichen Grundschule” initiative through parent associations or other supporting groups before and after the school day. In most cases, there is also the option of lunch; afternoon childcare is sometimes also provided. Other types of schools also offer after-school supervision (see Section 3. Schools in Konstanz). For applications please contact the schools.

After-school clubs (“Horte”)

Children from all schools in Konstanz can apply for a place in after-school childcare (“Horte”) through the Youth Welfare Agency (“Jugendamt”). In contrast to core-hours after-school care (“Kernzeitbetreuung”), these facilities are generally open during the holidays as well. In addition, they offer longer opening hours.

Note: Children from all schools in Konstanz can apply for a place in after-school childcare (“Horte”) through the Youth Welfare Agency (“Jugendamt”). In Konstanz, pre-registration for admission to all facilities can be done through the “Online Kita Pre-registration” system.

[– kitavormerkung-konstanz.de](https://www.kita.kn.de/kitavormerkung-konstanz.de)

Note: The school year begins in September. Hort pre-registration must therefore be submitted to the Agency by 15th March at the latest.

Schülerhort die Arche

Schwedenschanze 8, 78462 Konstanz
+49 7531 9041-30
arche-hort@caritas-kn.de
[– caritas-konstanz.de/angeboteundhilfen/kinderundfamilien/schuelerhorte/arche](https://www.caritas-konstanz.de/angeboteundhilfen/kinderundfamilien/schuelerhorte/arche)
Provider: Caritasverband Konstanz e. V.
Hours: 07:00 am to 05:30 pm
Age range: grades 1 to 7

Schülerhort im Konradihaus

Uhlandstr. 15, 78464 Konstanz
+49 7531 1200-350
hort@caritas-kn.de
[– caritas-konstanz.de/angeboteundhilfen/kinderundfamilien/schuelerhorte/konradihaus](https://www.caritas-konstanz.de/angeboteundhilfen/kinderundfamilien/schuelerhorte/konradihaus)
Provider: Caritasverband Konstanz e. V.
Hours: 10:30 am to 06:00 pm, Fridays until 05:00 pm
Holiday hours: 07:30 am to 06:00 pm, Fridays until 05:00 pm
Age range: grade 1 to 14 years

Städt. Kinderhaus Paradies

Güttelestr. 8, 78462 Konstanz
+49 7531 27266
kihausparadies@konstanz.de
[– paradies.tageseinrichtungen-konstanz.de](https://www.paradies.tageseinrichtungen-konstanz.de)
Provider: City of Konstanz
Hours: Mon – Thu 07:00 am to 05:00 pm,
Fri 07:00 am to 04:00 pm
Age range: grade 1 to 10 years

Städt. Kinderhaus Am Rhein

Spanierstr. 11, 78467 Konstanz
+49 7531 51689
kihausrhein@konstanz.de
[– rhein.tageseinrichtungen-konstanz.de](https://www.rhein.tageseinrichtungen-konstanz.de)
Provider: City of Konstanz
Hours: Mon – Thu 07:00 am to 05:00 pm,
Fri 07:00 am to 03:00 pm
Age range: grade 1 to 10 years

Kath. Kinderhaus Edith Stein

Pestalozzistraße 3 · eh. Pestalozzi-Schule
78467 Konstanz
+49 7531 9904-0
kiha-stein@petershausen.net

– kh-stein.de

Provider: Kath. Kirchengemeinde St. Gebhard
Hours: 07:00 am to 05:00 pm
Age range: grade 1 to 10 years

Städt. Kinderhaus am Salzberg

Mainaustr. 45, 78464 Konstanz
+49 7531 456779
kihausamsalzberg@konstanz.de

– konstanz.de/soziales/01873/01892/index.html

Provider: City of Konstanz
Hours: Mon – Thu 06:00 am to 05:00 pm,
Fri 07:00 am to 04:00 pm
Age range: grade 1 to 10 years

AWO Kindertagesstätte Talabu

Friedrichstr. 21, 78467 Konstanz
+49 7531 52245
talabu@awo-konstanz.de

– awo-konstanz.de/talabu.html

Provider: AWO Kreisverband Konstanz e. V.
Hours: Mon – Thu 07:00 am to 05:00 pm,
Fri 07:00 am to 04:00 pm
Age range: grades 1 to 4

Evang. Kinderhaus Löwenzahn

Wollmatinger Str. 58, 78467 Konstanz
+49 7531 68346
loewenzahn2@freenet.de

– kinderhaus-loewenzahn.petrus-und-paulus-gemeinde.de

Provider: Evang. Kirchengem. Konstanz
Hours: Mon – Thu 07:00 am to 05:00 pm,
Fri 07:00 am to 02:00 pm
Age range: grade 1 to 10 years

Kinderhaus Knirps & Co. e. V.

Universität Konstanz
for employees and students
Universitätsstr. 10, 78464 Konstanz
+49 7531 884321
kinderhaus@uni.kn

– uni.kn/familienaudit

Provider:
Knirps & Co. e. V. Förderverein zur Kinderbetreuung
Hours: 12:30 pm to 06:00 pm
Age range: grade 1 to 10 years

Evang. Albert-Schweitzer-Kinderhaus

Berchenstr. 36, 78467 Konstanz
+49 7531 78666
albert-schweitzer.kinderhaus@t-online.de

– ek-wollmatingen.de/kinderhaus.html

Provider: Evang. Kirchengem. Wollmatingen
Hours: Mon – Thu 07:00 am to 05:00 pm,
Fri 07:00 am to 04:00 pm
Age range: grade 1 to 10 years

Other facilities**Offener Schülertreff im Kolpingkeller**

Hofhalde 10 a, 78462 Konstanz
+49 7531 9189183
gedo.sonntag@web.de
For children in grades 1 to 5.
Hours: Mon and Tue 02:00 pm to 05:30 pm, Wed
02:00 pm to 05:00 pm, Thu 02:00 pm to 04:00 pm
(homework help only), Fri 01:30 pm to 05:00 pm
In addition to homework help, recreational activities
are offered. The Offene Schülertreff im Kolpingkeller is
a programme of the Association of Catholic Parishes.
It offers a community space for children, especially
those living in the city centre. The Offene Schülertreff is
led by a teacher with the support of a student and a civil
service worker.

IN VIA Internationaler Mädchen- und Frauentreff

Hofhalde 10 a, 78462 Konstanz
+49 7531 9189187
pmt@invia-freiburg.de
Director: Ms Wissmann
Provider: IN VIA Katholischer Verband für
Mädchen- und Frauensozialarbeit e. V.
Hours: AD (not before school)
Age range: grades 1 to 4

5. School holiday programmes

5.1 University school holiday programme

The University provides generous support for the children's programme during the school holidays. In recent years, this programme has steadily expanded to meet the needs of mothers and fathers working and studying to maintain a work-life balance. Each year, there are diverse and exciting holiday activities for children between the ages of 6 and 15 during the **Easter, Pentecost, summer, and autumn holidays**.

Places are highly sought after, so it is advisable to register early. The registration period is 2 weeks long and begins 8 weeks before the start of the holiday break.

The registration form and more information on various offers can be found at the website of the Family Audit:

– familie.uni.kn/kinderbetreuung/kinderferienbetreuung

Contact:

Yunuén Mann-Maldonado
+49 7531 88-5420
kinderferienprogramm@uni.kn

5.2 Local school holiday programme outside the University

Holiday childcare of the city of Konstanz⁵

Increasing numbers of parents are working full-time, with vacation days that barely cover half of the annual school holidays. Consequently, during the summer holidays, a reliable holiday childcare service specially designed for working parents and single parents is being provided in Konstanz. Parents will learn by March at the latest whether they have secured a childcare place for the summer holidays.

This will allow them to plan and book their vacations early and organise their time during the holidays.

For schoolchildren up to 15 years old, a diverse and attractive programme is planned, ensuring variety and fun activities for all.

The reliable holiday childcare programme is organised by the city's Kinder- und Jugendarbeit in cooperation with various clubs, institutions, and agencies.

Description of offers and activities

– verlaessliche-ferienbetreuung-konstanz.de

Registration is only possible for entire weeks. Individual offers can be selected.

A separate registration must be submitted for each child. Changes, cancellations, and refunds are possible only in exceptional cases.

Cost overview

Programme for	1st child/week	2nd and add'l. children/week
All day (9 hrs.) including lunch	160.00 EUR	128.00 EUR
Mornings (6 hrs.) with lunch	115.00 EUR	92.00 EUR
Mornings (5.5 hrs.) without lunch	82.50 EUR	66.00 EUR

A meal is included in the price for the all-day option; for most of the morning options, you can choose to register with or without lunch. Those with a Konstanzer Sozialpass or a Pfliegelternpass will receive an 80% subsidy.

For the organisers and planners of the summer holiday programme, it is important that a balanced range of open (not subject to registration) and registration-based events, courses, and recreational activities be offered in order to meet the needs, interests, and desires of as many children and adolescents as possible.

Holiday activities during the **Easter, Pentecost, and autumn holidays** have not yet been organised in the form described above.

During these periods, the programmes of various institutions and special advertisements may offer suggestions and tips for holiday activities for parents and children.

⁵ Source:
Sozial- und Jugendamt
(City of Konstanz)

More information is available at:

Sozial- und Jugendamt
 Abt. Kinder-, Jugend-, Senioren und Stadtteilarbeit
 Rebbergstr. 34 – 36, 78464 Konstanz
 +49 7531 60434
 isabella.walczak@konstanz.de
 irene.jun@konstanz.de

Other options

Abenteuerschule Bodensee:
 – abenteuerschule-bodensee.de

AWO Treffpunkt Cherisy:
 – awo-konstanz.de/cherisy.html

Grüne Schule Mainau:
 – gaertnern-fuer-alle.de

HSG and TV Konstanz:
 – hsgkonstanz.de or – tv-konstanz.de

Jugendzentrum:
 – juze-konstanz.de

KiKuZ Raiteberg:
 – kikuz-konstanz.de

Naturschutzzentrum Wollmatinger Ried:
 – nabu-wollmatingerried.de

SPIELIdee Berchen:
 – ek-wollmatingen.de/initiativen/spielidee-berchen.html

Urban Skillz:
 – urbanskillz.de

Financing

The Jugendamt can partially or fully cover costs for participation in holiday activities when the financial burden is too great for parents and their children.

Contact:

Tobias Reuß
 +49 7531 900-420
 Fax +49 7531 900-12420
 tobias.reuss@konstanz.de

Websites for finding a babysitter– seezeit.com

Studentenwerk Konstanz: here you can place free ads to find a babysitter

– suedkurier.de

Daily newspaper: here you can place ads (for a fee) to find a babysitter

– anzeiger-suedwest.de/kontakt/konstanzer-anzeiger

Weekly newspaper: here you can place ads (for a fee) to find a babysitter



Part II

Childcare for Fellows at the Institute for Advanced Study during required Center of Excellence events

External Fellows with children who require assistance with childcare are asked to make their needs known.

Please contact: exc16kolleg@uni.kn

You will be assisted in the organisation of childcare. Please create a schedule of your needs for the entire semester (for year-long fellowships, for the entire year), including the number of children requiring care, their ages, and the days on which childcare is desired.

Konstanz Kuko-Fellows who require childcare should, if possible, arrange it for themselves. The childcare costs can be settled with the Cluster at the end of the fellowship. This offer applies for **meetings** and/or **Humanities Colloquia** at the University, as well as other **required Center of Excellence events**. For informal evenings (dinners, etc.), the College cannot reimburse the cost of childcare. However, there is the possibility (not guaranteed) to book childcare if a caregiver happens to be available on the day of the event. **If you are interested in this service, please contact Christiane Harmsen at least 2 weeks in advance.** christiane.harmsen@uni.kn

Important to note here is that once communicated, the identified needs are binding. Should the arranged childcare not be utilised, it must be personally paid for. It can happen that a caregiver becomes sick or unavailable at short notice. In these (very rare) cases, the offer of childcare must be withdrawn. If you need to cancel, we ask for at least 24 hours notice; otherwise, Knirps & Co. e. V. will issue an invoice for the agreed-upon childcare services.

Balancing academia with kids

Researchers with children or planning families receive advice on the University's programmes and important information on the topic of work-life balance, e. g., **maternity leave, maternity pay, parental leave, parental allowance, child benefits, childcare options, and more.** For parents in academia, the programme also offers advisory services and support through flexible working conditions and freedoms, individual "Agreements on Balance", special coaching, and career-enhancing measures. In addition to directly supporting parents, the programme seeks to encourage the leaders of the University and caregivers to help create a child-friendly environment.

You can receive the latest information (1 to 2 times per month) through the e-mail service for young academics with children: wissenskinder@mailman.uni.kn

For more information, please contact:

Tanja Edelhäuser
Office for Equal Opportunity and Family Affairs
Room E 616
+49 7531 88-5314
tanja.edelhaeusser@uni.kn
advisory service by appointment

– familie.uni.kn/wissenschaft-mit-kind

Coaching for young academics with children

In its coaching on career planning, the Academic Staff Development programme integrates family situations and issues of work-life balance.

For more information, please contact:

Bettina Duval
Head of Academic Staff Development
Room V 610
+49 7531 88-4329
asd@uni.kn

– asd.uni.kn

Subsidy for travel or childcare costs for children at conferences

Conferences and trainings cannot be postponed. The University of Konstanz for this reason provides extended support in the form of babysitting or childcare accompaniment for your trip. The Office for Equal Opportunity and Family Affairs offers financial support for the additional travel costs or babysitter costs – up to 250 EUR per child.

Please submit an informal application at least 4 weeks before the trip / training:

academic staff:

– gleichstellung.uni-konstanz.de/massnahmen/ausschreibungen

technical-administrative staff:

– chancengleichheit.uni.kn/beruf-familie/kinderkarriere/rechtliches-zu-kinderbetreuung

Tax assessment of childcare costs

Unmarried parents must consider from whose account childcare costs should be paid. According to a decision of the Federal Tax Court, only the parent who signs the contract and makes the payments may claim childcare costs for a Kita or Hort as a business expense. It is therefore best for the parent with the higher income to make the payments (Az.: III R 79/09) (dpa).

– chancengleichheit.uni.kn/beruf-familie/kinderbetreuung/#c40156

Caring for a sick child

Parents with public health insurance who must personally care for a sick child who has not yet reached the end of his or her twelfth year are entitled to a leave of absence with partial payment through health insurance up to 10 working days in a calendar year per parent and child, with a maximum of 25 working days in one calendar year.

For single parents, these time limits are raised: up to 20 working days per calendar year per child, with a maximum of 50 working days in one calendar year.

Please present the Division of Personnel Affairs with a sick note and a request for special leave (available as a PDF on the Intranet under “Sonstiges”).

If the leave provided in a calendar year is not sufficient, an allowance for compensatory time off (flexitime) may be offered in accordance with the Working Time Directives (“Arbeitszeitrichtlinien”). You can also apply for paid or unpaid leave.

– chancengleichheit.uni.kn/beruf-familie/kinderkarriere/rechtliches-zu-kinderbetreuung

Note: Please ask your advisor at the Office of Equal Opportunity and Family Affairs for additional information on state benefits like child benefits or parental allowance.

Parking for parents

In the north parking lot, there are 10 parent/child parking spaces. An additional 11 spaces for parents with children in Knirps & Co. e. V. are located in front of Building W.

Use of these spaces requires a special parking permit, which can be requested from:

yunuen.mann@uni.kn

Nursing and changing room/Quiet room

A specially designed room is available for resting during pregnancy. Parents can also change diapers, nurse infants, and let children take naps here. The room is outfitted with a couch, an armchair, a mattress, and toys. A changing table, a sink, and a telephone are also available.

Room K 501 (near the IBZ II)

+49 7531 88-5045

Mon – Fri 07:00 am to 09:00 pm

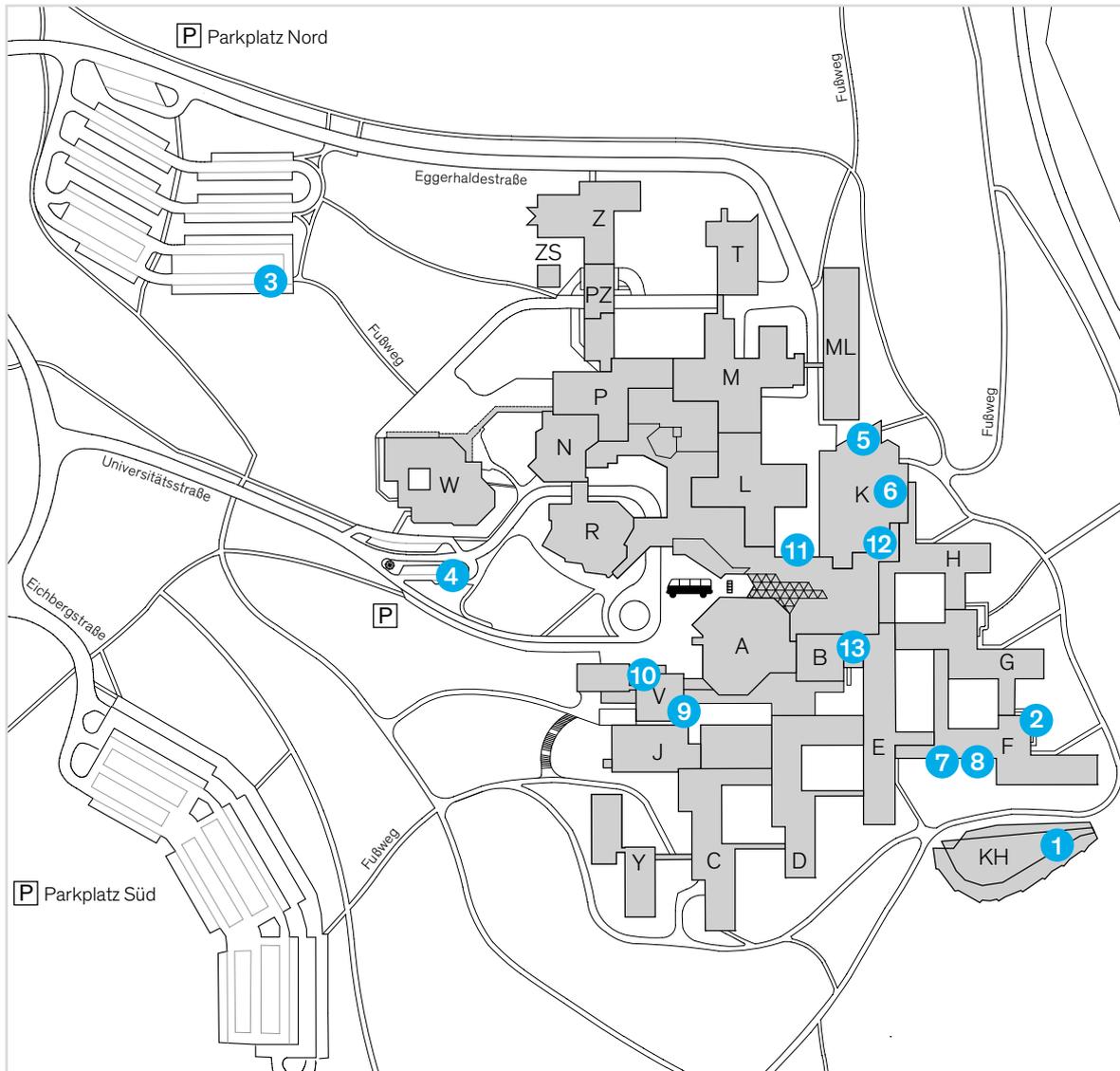
Family table at the Menseria Gießberg

Since February 2004, the Mensa has provided “family tables” on Level K 6 near the cash registers to allow families to eat a relaxing lunch together. Highchairs are available. These tables are exclusively reserved for parents with children and are not to be used by other Mensa guests without children. Additional highchairs can be found in central locations (e. g., the cafeteria). The Mensa offers a special children's menu, allowing a meal for children to be created from the side dishes of the main entree for 0.70 EUR. There are also children's utensils and bibs available. Children of students eat for free in the Mensa.

Family area in the main library

Parents and their children can visit the playing area in the newly installed cafeteria of the renewed library. The library will re-open in 2016.

Family services at the University



Seezeit Kita Sonnenbühl
Wener-Sombartstr. 32
78464 Konstanz

Family facilities

- 1 Kinderhaus Knirps & Co. e. V. (KH)
- 2 KiZ F 101
- 3 Parent/child parking spaces in the north parking lot
- 4 Parking spaces for parents with children in Knirps & Co. e. V.
- 5 Nursing and changing room K 501
- 6 Family table in the Mensa on Level K 6

To get to the Kinderhaus: Info-point/Entrance Hall/Level A 5 → Take the elevator one floor down to Level D 4 (the elevator is located past the large staircase) → Walk towards Building E → Take the elevator from E 4 to E 2 → Exit straight ahead through Door 1 and go left through Door 2 into Building F → Exit the building → The Kinderhaus is in sight.

Advice and Services

- 7 Office for Equal Opportunity and Family Affairs E 604
- 8 Representative for Equal Opportunity E 611
- 9 Academic Staff Development V 610
- 10 Welcome Centre V 524
- 11 Seezeit Service Centre on level A 5
- 12 Social Services K 401
- 13 Family area in the main library

To get to KiZ: Info-point/Entrance Hall/Level A 5 → Take the elevator one floor down to Level D 4 (the elevator is located past the large staircase) → Walk towards Building G (behind the elevator) → Go through 2 glass doors → Take the elevator from G 4 to G 1 → Turn right, go through the glass door → In the corridor, again turn right towards Building F. Strollers can be left in front of door F 101.

Part III

6 Konstanz region:
These listings are only a
selection of the options
available.

6. Sports and sport clubs⁶

Gymnastics

TV Konstanz

– tv-konstanz.de/Sportprogramm/sportprogramm.html

Parent-child classes are also offered
(waiting lists can be long; early registration is required):

– tv-konstanz.de/Eltern-Kind-Turnen/eltern-kind-turnen.html

Athletics

Leichtathletik Konstanz

– tvk-leichtathletik-konstanz.de

Contact: Günther Regele
+49 7531 33553
guenter.regele@tv-konstanz.de

Post-Telekom Sportverein e. V. Konstanz

– ptsv-konstanz.de

Contact: Uli Schmutz
+49 7531 33553

Football (soccer)

SC Wollmatingen

Contact: jugend@sckw.de

TV Konstanz

– tv-konstanz.de/fussballcms/Jugend

Contact: Andreas Widman
+49 7531 35150
awidman@googlemail.com

Diving and snorkelling

Freediving-Bodensee

– freediving-bodensee.de

Contact: Aaron Kunert
+49 176 32486642

Swimming

Schwimmklub Sparta Konstanz

– schwimmschule-konstanz.de

Contact: info@schwimmschule-konstanz.de

Martial Arts

Aikido Verein Konstanz e. V.

– aikido-konstanz.de

Contact: Richard Leiner
+49 7531 695500

Champion Kampfkunst und Fitness

Karate for children 4 and older

– champion-kampfkunst.de

Climbing, ropes courses

Kletterschule Free Solo Climbing (“Kletterwerk”)

– kletterwerk.de

Contact: +49 7732 959848
info@kletterwerk.de
Hours: Mon, Wed, Fri 03:00 pm to 10:30 pm,
Tue, Thu 09:00 am to 10:30 pm
Weekends and holidays 10:00 am to 09:00 pm

Sailing

Children 14 and older can obtain a sailing licence
(“Bodenseeschifferpatent” Category D).

Segelschule Reichenau

– segelschule-insel-reichenau.de

Wilde Flotte (sailing in Wallhausen)

– wilde-flotte.de

Segelschule Ludwigshafen

Offers special children’s sailing courses
for children 6 to 9 years

– segelschule-ludwigshafen.de

Segelschule Wasserburg

Offers all-day week-long sailing courses.

– segelschule-wasserburg.de

Tennis

Tennisclub Konstanz

– tennisclub-konstanz.de

Eichhornstraße 52, 78464 Konstanz

Contact: +49 7531 63802

trainerteam@tennisclub-konstanz.de

Tennisclub Nicolai Konstanz

– tcnicolai.de

Jakobstraße 80, 78464 Konstanz

Contact: +49 7531 33595

Equestrian sports

Pferdehof Weltin (Singen)

– pferdehof-weltin.de

Riedstraße 19, 78224 Singen (Hohentwiel)

Contact: +49 7731 22145

weltin@pferdehof-weltin.de

Pferdehof Buchholzhof (Langenrain)

– buchholzhof.de

BBQ sites, sunbathing, children's play area,
riding on request

Buchholzhof 1, 78476 Langenrain (Allensbach)

Contact: +49 7533 5120

buchholzhof@t-online.de

Reitschule Anja Theilig (Litzelstetten)

– anja-theilig.de

A wide range of options for beginning, intermediate,
and advanced riders of every age.

Torkelbergstraße 42–46, 78465 Konstanz

Contact: +49 7531 943504

reitanlage@aol.com

Reitclub Konstanz e. V.

– reitclub-konstanz.de

Feuersteinstraße 26/28, 78479 Reichenau

Contact: +49 178 7766966

andreas.kleiner@gut-lindenbuehl.de

7. Swimming pools/Outdoor swimming⁶

⁶ Konstanz region:

These listings are only a selection of the options available.

Outdoor swimming

Rheinstrandbad Konstanz

Located in the city centre along the Rhine. Large sunbathing and children's play areas, table tennis, badminton, and restaurant with patio.

– stadtwerke.konstanz.de/freizeit/konstanzer-baeder.html

Contact: +49 7531 66268

kur-und-hallenbad@konstanzer-baeder.de

Hours: May – August daily 09:00 am to 09:00 pm

Strandbad Hörnle

Located on the "Horn of Konstanz". Large sunbathing area, beach volleyball, small playground and wading pool, kiosk, and restaurant with patio.

– hoernle-konstanz.de

Eichhornstraße 100, 78464 Konstanz

Contact: +49 7531 63550

Strandbad Ermatingen (CH)*

Located on the west side of Ermatingen in Switzerland, directly on the cycling/walking path from Konstanz/Kreuzlingen to Stein am Rhein. Water trampoline, beach volleyball, large sunbathing area (partially shaded), kiosk, playground, wading pool, football field, and BBQ sites.

*** Don't forget to bring your ID / passport!**

Strandbad Seerheinbad, Tägerwilen (CH)*

The Tägerwilen swimming area (in the Rhine) is run by the community of Tägerwilen in Thurgau (Switzerland) and is located about 2 km from Konstanz/Kreuzlingen. Kiosk, beach volleyball, and swimming platforms.

Contact: +41 71 6692270

*** Don't forget to bring your ID / passport!**

Strandbad Bottighofen, (CH)*

Situated directly on the lake in Bottighofen (Switzerland), easy to reach by bicycle or car. Playground.

Seeweg, CH-8598 Bottighofen

Contact: +41 71 6886949

*** Don't forget to bring your ID / passport!**

Bodensee-Therme Konstanz, Outdoor pool

The outdoor pool is open from April to October. There is a 25°C pool, wading pools, two waterslides, and a sunbathing area with access to the lake.

– stadtwerke.konstanz.de/freizeit/konstanzer-baeder.html

Contact: +49 7531 61163

Swimming in Winter**Schwaketenbad (burned-down, re-opening in 2018)**

Large swimming pool and two wading pools of different depths, a diving pool with several diving boards, a children's pool, and a waterslide.

– stadtwerke.konstanz.de/freizeit/konstanzer-baeder.html

Contact: +49 7531 74377

schwaketenbad@konstanz.de

Hours: Mon 04:30 pm to 08:00 pm, Tue 07:00 am to 09:00 am and 02:00 pm to 06:00 pm, Wed 07:00 am to 09:00 am and 02:00 pm to 10:00 pm, Thu 07:00 am to 09:00 am and 02:00 pm to 06:00 pm, Fri 02:00 pm to 10:00 pm, Sat 02:00 pm to 10:00 pm, Sun 09:00 am to 09:00 pm.

Bodensee-Therme Konstanz

The large heated pool is kept at 33°C. There is a heated outdoor pool, a separate infant/child area, and a sauna (for adults).

– stadtwerke.konstanz.de/freizeit/konstanzer-baeder.html

Contact: +49 7531 61163

bodensee-therme@konstanz.de

Hours: year-round daily 09:00 am to 10:00 pm

holidays. The lectures are open to children from year three to year six. The lectures take place at the University of Konstanz, are approximately 45 – 60 minutes long and are exclusively for children.

The lectures are free, but registration is required. The programme is available online from July. Please apply from August on via the Children's University website.

– kuk.uni.kn

Library**City Library**

The City Library ("Stadtbücherei") in the Kulturzentrum am Münster features a large collection of books for children and young adults.

Wessenbergstr. 39, 78462 Konstanz
+49 7531 900-953

Hours: Tue – Fri 10:00 am to 06:30 pm,
Sat 10:00 am to 02:00 pm

Music schools**Musikschule Konstanz e. V.**

The Musikschule Konstanz operates under the guidelines of the Association of German Music Schools.

– mskn.org

Benediktinerplatz 6, 78467 Konstanz
+49 7531 50011

kontakt@mskn.org

Private music education, ages 2 and up:

– musikerziehung-konstanz.de

Private music classes, ages 3 months and up:

– musikgarten-santos.de

8. Music, theatre, art, and books⁶**Kid's Education****KUK Konstanz Children's University**

Since 2004, the university has hosted three annual lectures for children. Each year, three different scientists from the university explain interesting aspects of their field. The Children's University takes place in autumn, when school has returned after the summer

Theatre

The **Theater Konstanz** offers a programme for children and adolescents. For tickets or questions about the programme, please contact the box office employees.

– theaterkonstanz.de/tkn/junges_theater/index.html

Inselgasse 2 – 6, 78462 Konstanz
+49 7531 900101

⁶ Konstanz region:
These listings are only a selection of the options available.

theater@konstanz.de

Concerts

eduART Children's Concerts by the Südwestdeutschen Philharmonie

The Südwestdeutschen Philharmonie's children's concerts are designed for young listeners and the whole family. In addition to family concerts in the Konzil Konstanz, "cushion" concerts take place in the Kulturzentrum am Münster.

Fischmarkt 2, 78462 Konstanz

– philharmonie-konstanz.de/konzerte/eduart.html

+49 7531 900-817

eduartphilharmonie@konstanz.de

Museums

Rosgartenmuseum Konstanz

During every special exhibition, the Rosgartenmuseum offers a variety of hands-on activities for children and young people.

– konstanz.de/rosgartenmuseum

Rosgartenstr. 3, 78462 Konstanz

+49 7531 900-376

Archäologisches Landesmuseum Konstanz (ALM)

The Archäologischen Landesmuseum provides insight into the lives of people in the Stone Age, the Roman period, and the Middle Ages. There are frequent special exhibitions and activities for children.

– konstanz.alm-bw.de

Benediktinerplatz 5, 78467 Konstanz

+49 7531 98040

Hours: Tue – Sun 10:00 am to 06:00 pm

Bodensee Naturmuseum Konstanz

Offers many educational exhibitions for children.

– konstanz.de/naturmuseum/index.html

Hafenstraße 9 (in Sea Life Konstanz)

+49 7531 900-915

Hours: July to September 10:00 am to 07:00 pm,
April to June and October 10:00 am to 06:00 pm,
November to March 10:00 am to 05:00 pm

Kindermuseum Donaueschingen

HANDS ON! – Museum for children and young people in Donaueschingen.

– kijumu-donaueschingen.de

Haldenstraße 5, 78166 Donaueschingen

Donaueschingen e. V.

Contact: Konrad Hall, Chairman

+49 771 92947426

info@kijumu-donaueschingen.de

Kunsthaus Bregenz

Every Saturday from 10:00 am to 12:00 pm, there is a children-oriented tour through the current exhibition that encourages creativity in children. The Kunsthaus is located in Karl-Tizian-Platz, in the middle of Bregenz's city centre.

– kunsthau-bregenz.at

9. Family excursions⁶

Indoor adventures

Sternwarte Überlingen

Take a look through the telescope! Entrance is free.

– sternwarte-ueberlingen.de

Hof der Wiestorschule

Wiestorstraße 31, 88662 Überlingen

+49 7551 68062

info@sternwarte-ueberlingen.de

Hours: April to Sept. (except holidays) from 09:00 pm

October to March from 08:00 pm

Planetarium und Sternwarte Kreuzlingen

A special projector spreads over 7000 stars across the planetarium's dome. In the observatory, you can look through a large telescope.

– sternwarte-kreuzlingen.ch

Breitenrainstrasse 21, CH-8280 Kreuzlingen

+41 71 6773802

info@sternwarte-kreuzlingen.ch

Hours: Tue, Fri, Sat from 09:00 pm

Wed, Sun from 05:00 pm

⁶ Konstanz region:
These listings are only a
selection of the options
available.

Sea Life Konstanz und Bodensee-Naturmuseum

A variety of sea creatures can be observed in the aquarium. The exhibition is based on the course of the Rhine from its source to the depths of the ocean. Afterwards, visitors can view the (taxidermied) land animals in the adjacent Naturmuseum. Sea Life and the Bodensee-Naturmuseum are located in "Klein Venedig" by the Konstanz marina.

– sealife.de

Hafenstraße 9, 78462 Konstanz

Contact: slc.konstanz@merlinentertainments.biz

Hours: July to mid-September 10:00 am to 07:00 pm,
May to June and mid-September to October 10:00 am to 06:00 pm, November to April Mon–Fri 10:00 am to 05:00 pm, Sat–Sun 10:00 am to 06:00 pm

Technorama in Winterthur (CH)

The Science Centre offers numerous experiment stations for children to touch, manipulate, and play with.

– technorama.ch

Technoramastrasse 1, CH-8404 Winterthur

+41 52 2440844

info@technorama.ch

Hours: Tue–Sun 10:00 am to 05:00 pm

Pottery

Visitors can select various ceramic models and transform them into cups, plates, bowls, vases, animal figures, etc. The painted ceramics are then glazed and fired in the oven by the professional potters. After a few days, the finished pieces can be picked up. Artist's workshop (reservation required).

Rheingasse 9, 78462 Konstanz

+49 151 25381709

Kreativ Werkstätte (no booking required)

– kreativ-werkstaette.de

Alter Wall 8 (on the corner of Theodor-Heuss-Straße),

78467 Konstanz

+49 7531 942808

Pläsierchen

Shop and workshops for children and adults

– plaesierchen-konstanz.de/index.htm

Theodor-Heuss-Strasse 16

Register at: info@plaesierchen-konstanz.de

Raum-im-Paradies

Space for rent for creative or children's birthday parties.

3 rooms in total (learning, creative, children's room).

Schobuliweg 2, 78462 Konstanz

+49 7531 3691191

info@raum-im-paradies.de

Meersburger Burg (museum)

Tours are available of the Meersburg castle, including the keep, the treasure room, the tower, and the torture chamber. The castle's striking appearance has made it a symbol for the region.

Schloßplatz 10, 88709 Meersburg

+49 7531 80000

Hours: March to October 09:00 am to 06:30 pm,
November to February 10:00 am to 06:00 pm

Outdoor adventures**Wildlife and recreational park Allensbach**

On site, more than 350 animals can be observed at close range, and some may be fed: bears, lynx, deer, and also donkeys, ponies, and dwarf goats. A flight demonstration by a falconer can be seen daily (except Mondays). The other park attractions include a giant slide, a bouncy castle, the wild bee hotel, and an adventure playground.

– wildundfreizeitpark.de

Gemeinmärk 7, 78476 Allensbach

+49 7533 931619

info@wildundfreizeitpark.de

Hours: May to September 09:00 am to 06:00 pm,
October to April 10:00 am to 05:00 pm

Bodenwald-Bisonstube auf dem Bodanrück

A hike in the forest or along the lake is appropriate for young children, but with older children, one can enjoy a number of natural wonders, such as the Marienschlucht canyon and the Echotal. A BBQ area is available for use. Directions: From the A-81 Stuttgart-Konstanz, exit towards Radolfzell, turn left in the direction of Stockach, after ca. 5 km turn right in the direction of Bodman, then after ca. 2 km turn right again towards Liggeringen and Dettingen. After another 2 km, turn left at the forest edge (signposted), then uphill through the forest to the Bisonstube Biergarten.

– bisonstube-bodenwald.de

Hours: daily from 12:00 pm to 10:00 pm

Affenberg Salem

In a large outdoor enclosure, 200 mountain apes roam freely without fences. Visitors can feed the animals (food can be obtained free of charge at the entrance).

– affenberg-salem.de

Mendlishauser Hof 1, 88682 Salem

+49 7553 381

info@affenberg-salem.de

Hours: mid-March to October 09:00 am to 06:00 pm, November 09:00 am to 05:00 pm

Insel Mainau

Thanks to the favourable local climate, palm trees and other Mediterranean plants grow in the castle gardens on the teardrop-shaped island. Because of its lush sub-tropical and tropical vegetation, the Mainau is called the “Garden Island” in Lake Constance.

– mainau.de

+49 7531 303

info@mainau.de

Hours: year-round, sunrise to sunset

Pet Animal Farm Reutemühle

Over 180 different kinds of animals can be observed at the farm – some can also be fed and touched. Pony rides and a playground are also available.

– haustierhof-reutemuehle.de

Reuteweg 71, 88662 Überlingen-Bambergen

+49 7551 64649

info@haustierhof-reutemuehle.de

Hours: year-round daily from 10:00 am to 08:00 pm

Insel Reichenau

The island of gardeners, fishermen, and vintners invites you to take an excursion. Sights include greenhouses, vineyards, fields, and the island’s churches, which are UNESCO World Cultural Heritage sites. The ca. 15 km can be travelled by bicycle (for older children); otherwise, a day trip to the island can be made by ship, Seehas (regional train), or bus.

Hättelihof Konstanz, organic farm (“Bio-Bauernhof”)

Farm experience, group tours, birthday parties and much more.

– haettelihof.de

Hättelihof, Mainastr. 185, 78464 Konstanz

+49 7531 3616319

City tours for children

On these exploratory voyages through the city’s streets and alleys, participants learn about the Middle Ages in Konstanz. Tour times upon request.

– konstanz-tourismus.de/themen/stadtfuehrungen.html

+49 7531 133026

gruppen@ti.konstanz.de

Pfahlbaumuseum Unteruhldingen

A settlement of twenty stilt-houses can be visited on Lake Constance, reconstructions of finds from the Stone Age and Bronze Age. In the open-air museum, the replicated structures can be explored. Nearby is the Birnau Convent, also worthy of a visit.

– pfahlbauten.de

Strandpromenade 6, 88690 Uhldingen-Mühlhofen

+49 7556 8543

info@pfahlbauten.de

Ravensburger Spieleland

The Ravensburger Spieleland is located in Meckenbeuren. Here you can find a mix of rides and carousels for various ages and attractions for independent exploration and play.

Directions: By car: A-96 München in the direction of Bregenz/Austria, exit Sigmarszell, direction Ravensburg/Tettngang/Meckenbeuren; A-81 Stuttgart in the direction of Singen, Kreuz Hegau, direction Lindau/Friedrichshafen/Ravensburg.

Hours: (almost) daily from 10:00 am to 06:00 pm

Note: In the low season, the Spieleland is closed on some Mondays, Tuesdays, and Wednesdays!

Rheinfall: the largest waterfall in Europe

From a rock ledge in Neuhausen, the Rhine falls 23 m in elevation. This spectacle can be seen, heard, and felt from the observation platform or a ship.

Directions: Hourly train from Kreuzlingen to Stein am Rhein, Trolleybus 1 to Rheinfall in Neuhausen. There is also a bus to Schiffsanleger Schaffhausen.

Car: from Kreuzlingen, N-13 through Stein am Rhein to Neuhausen.

Bicycle: take the Untersee Bodensee-Rundweg to Stein am Rhein, then Velolandroute 2 "Rhein".

Kletterpark Immenstaad und Kressbronn

In this adventure/climbing park, you can climb through the trees. There are safety measures in place, but sturdy shoes and a helmet must be worn. Children 8 years and older accompanied by an adult can use the high ropes course.

– abenteuerpark.com

+49 7545 949462

office@abenteuerpark.com

Erlebniswald Mainau (climbing park)

The Erlebniswald Mainau combines elements of a classic high ropes course with a climbing forest. It also integrates a tree-top path and special tree-house architecture. The Erlebniswald is open daily until the end of October from 09:00 am to 07:00 pm.

– erlebniswald-mainau.de

+49 7531 3613667

info@erlebniswelt-mainau.de

Hiking along the sound path Toggenburg (CH)

In Toggenburg, at the base of the mighty Churfürsten between old St. Johann und Wildhaus, one can hike and explore the Klangweg.

Directions: via Konstanz to Wil. Everything is accessible by train as well. The best place to start the musical excursion is at the Sellamatt, Iltios, or Oberdorf train stations.

– klangwelt.ch/de

Ship tours of Lake Constance

Lovely excursions on the lake can be made by tour boat, historic steamboat, solar boat, catamaran, or the car ferry.

– bodenseeschiffahrt.de

– bodensee-schiffe.ch

Boating on Lake Constance

Boat rentals are available in almost all marinas. Sailing can be learned early, and some sailing schools specialize in classes for children and adolescents (see also section III – 6. Sports and sport clubs "Sailing").

Canoeing

At many locations around the lake, canoes and equipment can be rented for individual use or as part of a guided canoe tour.

– kanutourismus-bodensee.com

La canoa Konstanz

All guided canoe tours begin with a brief lesson, so even beginners are welcome. The group then sets off for the chosen destination, returning between 03:00 pm and 04:00 pm. Canoe rental is also available.

– lacanoa.com

Robert-Bosch-Str. 4b, 78467 Konstanz

+49 7531 959595

info@lacanoa.com

Hours: Mon – Fri 10:00 am to 06:00 pm,

Sat 10:00 am to 04:00 pm

Cycling along /around Lake Constance

Cycling around the lake is an attractive excursion. The bicycle path is long but well signposted, and most stretches are fairly flat. Bicycles can be rented in Konstanz at Kultur-Rädle (Bahnhofsplatz 29), at Radsport Müller (Fritz-Arnold-Straße 5), or at Radsportladen (Mainaustraße 34). There are also detailed and affordable bicycling guidebooks and maps for the region. One particularly nice, flat stretch leads from Konstanz to Stein am Rhein.

– bodensee-radweg.com

Sunnehüsli (CH)

The Sunnehüsli is located on the Güttingen-Kesswil hiking trail. It can be reached from the bicycle path through the Obstanalage (200 m).

– sunnehuesli.ch

10. Playgrounds⁶

There are 62 different playgrounds for children and young people in Konstanz. All playgrounds feature a basic set of play equipment, such as slides, sandboxes, swings, and seating areas, and are therefore generally suitable for children between the ages of 0 and 6. They are usually integrated into residential areas and can easily be reached on foot. In addition, in all districts, the City of Konstanz provides playgrounds in special areas to allow access to larger numbers of children. These playgrounds are bigger, have more diverse equipment, and are suitable for various age ranges. They include the playground in Gewinn Moos (Dettingen periphery) and the playgrounds along the lake in Wallhausen and Dingelsdorf. Other excellent playgrounds with attractive equipment can be found on the Mainau Island (entrance fee), in “Klein Venedig” (the “Steine im Fluss” playground), and on the Swiss side in the Kreuzlingen Seepark.

In addition, almost all schoolyards are open for play when school is not in session. The playground equipment in schoolyards varies according to the age of the students attending the school.

Sports areas and fields are available in all neighbourhoods. In certain locations, streetball equipment and skating parks have been constructed. The city also offers two bicycle routes (Paradies, Fürstenberg).

More information on playgrounds is available at the following website:

– konstanz.de/umwelt/02048/02052/index.html

11. Festivals & special events⁷

January: Silvesterklausen in Herisau, Urnäsch, and other locations in Appenzeller Land (13 January).

February: Alemannische Fasnacht (“Carnival”) in traditionally Catholic regions. In Switzerland, Groppenfasnacht begins one week later, and in Ermatingen am Untersee, it begins three weeks before Easter. Every three years (2016, 2019, etc.), there is a grand parade.

April: Markusfest on the Reichenau island (25 April), the first of the three traditional Inselfeiertage (“island holidays”); the others are the Blutfest (second Monday after Pentecost / Whitsunday) and Maria Himmelfahrt (“Assumption Day”).

May: Stadt der Kinder (“City of Children”) in Bregenz. In the Upper Swabian town of Weingarten, a grand equestrian procession, the Blutritt, takes place every year on Blutfreitag after Ascension Day. More than 3000 riders accompany the Holy Blood relic on its way through the city and the surrounding fields.

June: Carpets of flowers on Corpus Christi: The carpets of flowers in nearby Hüfingen (near Donaueschingen) are regionally renowned, but Sipplingen also arranges stunning flower tapestries on the streets through which the religious procession passes. Cows return to Alpine pastures (“Alpauftrieb”) in Allgäu, Vorarlberg, and Eastern Austria.

July: Rutenfest in Ravensburg, the traditional festival for students and the entire city. Seehasenfest in Friedrichshafen, a large festival for children and the city.

⁷ Source:

Tanja Böttcher, Patrick Brauns: Hits für Kinder am Bodensee.

⁶ Konstanz region: These listings are only a selection of the options available.

August: Swiss National Holiday (1 August), with speeches and fireworks in all cities and towns. Vorarlberger Kinderzauber: a variety of activities for children across the entire state of Vorarlberg. Seenachtfest in Konstanz (www.seenachtfest.de) and “Fantastical” in Kreuzlingen (second weekend in August) offers an impressive fireworks display from both cities. Kulturufer Friedrichshafen: culture of all kinds along the lakeshore for children, young people, and adults.

September: Ravensburg spielt: a festival of games in the city of games. Kinderfest Konstanz/Kreuzlingen: cross-border festival for children. St. Galler Kinderfest: takes place every three years (2014, 2017, etc.), featuring a parade through the city and a fairground.

October: Büllefest on the Hõri, the festival of onions. The entire town is decorated with braids of onions and other onion-based artwork. Erntedank, a harvest thanksgiving festival with specially decorated church altars in Hilzingen and other towns. Schätzelemarkt in Tengen (Hegau), one of the largest festivals in the region.

December: Weihnachtsmärkte (“Christmas markets”): the biggest is in Konstanz, but other markets can be found in Radolfzell, Überlingen, Ravensburg, Bregenz, etc.

Additional child-friendly events in Konstanz:

Hermine Termine:

– hermine-termine.de

12. Recreational options for school-age children

Evangelisches Jugendhaus

Gottliebstr. 7, 78462 Konstanz

– jugendhaus-konstanz.de

Impulshäusle

Hofhalde 10a, 78462 Konstanz

+49 7531 9189184

– kja-freiburg.de

Jugendzentrum der Stadt Konstanz (JuZe)

Gustav-Schwab-Str. 12c, 78467 Konstanz

+49 7531 68617

– juze-konstanz.de

Kinderkulturzentrum (KiKuz)

The Kinderkulturzentrum is a municipal recreational and cultural facility for schoolchildren up to 14 years old.

Rebbergstr. 34 – 36, 78464 Konstanz

+49 7531 54197

kikuz@konstanz.de

– kikuz-konstanz.de

Treffpunkt Öhmdwiesen

The Treffpunkt Öhmdwiesen is run by the Catholic community of St. Martin. Activities are designed for children in the parish from the ages of 6 to 12 and their parents.

Mannheimerstrasse 28, 78467 Konstanz

+49 175 2531475 or +49 7531 78098

A number of recreational activities for children and adolescents during vacation periods can be found listed in a PDF on the right-hand side of the Sozial- und Jugendamt website:

– konstanz.de/soziales/00626/01904/index.html

For more information, please contact:

Isabella Walczak

Kinderkulturzentrum Raiteberg

+49 7531 60434

Fax +49 7531 67775

isabella.walczak@konstanz.de



Part IV

13. Paediatricians

Dr. med. Siegfried Bavand

Mainaustraße 40, 78464 Konstanz
+49 7531 63700

Dr. med. Alexander Füllbert

Tägermoosstrasse 14, 78467 Konstanz
+49 7531 24244

Dr. med. Monika Huff-Nagel

Stifterstraße 2, 78467 Konstanz
+49 7531 78636

Dr. med. Johanna Hundsberger

Specialist in Paediatric and
Adolescent Medicine /Psychotherapy
Luisenstr. 7g, 78464 Konstanz
+49 7531 62200, Fax +49 7531 50371
– kinderarzt-konstanz-hundsberger.de

Dr. med. Max Ottinger

Hans-Lobisser-Straße 9, 78465 Konstanz-Dingelsdorf
+49 7531 6191

Dr. med. Christiane Quarck-Kratzer

Emmishofer Straße 3, 78462 Konstanz
+49 7531 17806

Dr. med. Thomas Seiler (Paediatric Cardiology)

Luisenstr. 7, 78464 Konstanz
+49 7531 696629

Dr. med. Berthold Weiner

Mainaustr. 149, 78464 Konstanz
+49 7531 33077

14. Counselling services

Sozial- und Jugendamt – Abteilung Jugendhilfe

(Social Services and Youth Welfare Agency –
Youth Services Department)
Verwaltungsgebäude Torkel
Benediktinerplatz 2, 78467 Konstanz

**Psychologische Beratungsstelle der Stadt
Konstanz für Kinder, Jugendliche und Eltern**

(City of Konstanz Psychological Counselling for
Children, Youths, and Parents)
Benediktinerplatz 2, 78467 Konstanz
+49 7531 900406

**Psychologische Beratungsstelle im diakonischen
Werk des evangelischen Kirchenbezirks Konstanz**

(Psychological Counselling, Protestant Churches of
Konstanz)
Obere Laube 62, 78462 Konstanz
+49 7531 363260

**Frühförderung und entwicklungsberatung des
Caritasverband Konstanz e. V.**

(Early Education and Development Counselling, Caritas)
Uhlandstr. 15, 78464 Konstanz
+49 7531 1200300

Schulpsychologische Beratungsstelle

(School Psychological Counselling)
Schulamt Konstanz
Julius-Bührer-Str. 4

**Sozialpädiatrisches Zentrum (SPZ) der Klinik für
Kinder und Jugendliche**

The SPZ is an interdisciplinary outpatient facility. It offers prevention, diagnosis, treatment, and social rehabilitation for children and adolescents with developmental disorders as well as potential and existing disabilities. The SPZ is directed by doctors specialising in paediatric and adolescent medicine. The diagnostic and therapeutic focuses of the SPZ are: congenital developmental disorders, syndrome diagnosis, chronic neurological disorders, movement disorders, early childhood regulatory disorders (crying, sleeping, and eating disorders and behavioural problems in infancy and childhood), interaction disorders, epilepsy, autism, AD(H)D, perception, speech, and language disorders, and eating disorders.

Sozialpädiatrisches Zentrum

am Klinikum Konstanz
Luisenstr. 7, 78464 Konstanz
+49 7531 801-1677

Directory of doctors with foreign-language skills

– uni.kn/welcome/file/

[Aerztebroschuere_2012_2013neu.pdf](#)

Poison control hotline:

Charité Berlin:

+49 30 19240 (emergency)

Fax +49 30 30686799

Freiburg:

+49 7531 076119240 (24-hour service)

15. Hospital / Paediatric emergency service / Emergency hotlines**Klinik für Kinder und Jugendliche**

(Clinic for Children and Adolescents)

The Kinderklinik operates two child-friendly stations housed in the new building. There are 39 beds available for sick children and adolescents; accompanying adults are offered the possibility to stay overnight. The ICU, equipped with 12 beds, is designed to treat premature infants, sick newborns, and children up to the age of 18.

**Klinik für Kinder und Jugendliche
am Klinikum Konstanz**

Luisenstr. 7, 78464 Konstanz

+49 7531 1651, in emergencies +49 7531 801-0

Fax +49 7531 801-1655

Emergency services, Konstanz

On Saturdays, Sundays, and holidays, an emergency medical service is offered at the Klinikum Konstanz, Luisenstraße 7 ("Notfallpraxis"). This service is located in the entrance area on level B.

+49 1805 19292350 (Reception)

+49 7531 801-1281 ("Notfallpraxis" direct line)

Hours: Sat, Sun, and holidays 10:00 am to 12:00 pm
and 04:00 pm to 07:00 pm

**Outside of these hours, a medical hotline staffed by
a paediatrician can be reached at:**

19292 (no prefix)

National emergency number:

112 (for life-threatening situations)

National medical hotline:

116 117 (always free; from mobile phones and land-lines, no prefix required)

Address

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exc16@uni.kn

– exzellenzcluster.uni.kn



**FAMILIE IN DER
HOCHSCHULE**